



MEDIA RELEASE

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Igniting Potential Together: Rumson's Commitment to Community Wellness



Rumson, NJ- On April 16th, Dr. Michael Snyder, Director of Student Services, and Mrs. Nicole Nolan, Clinical Social Worker, represented the Rumson School District at the Rutgers CYSEW (Youth Mental Health Equity Summit). This vital event serves as a platform for fostering collaboration among a wide range of stakeholders within the New Jersey mental health community. The primary objectives of the CYSEW Summit encompass dismantling existing silos, cultivating enduring partnerships, and ultimately advancing mental health equity and outcomes for our state's youth.

Dr. Snyder and Mrs. Nolan participated actively in the discussions and group activities during the summit, bringing forth valuable insights and perspectives from our Rumson community. Through their active involvement, Dr. Snyder and Mrs. Nolan not only represented the district but also played a vital role in ensuring diverse perspectives were prominently included in discussions on mental health awareness and support. Their commitment to actively participating in these conversations emphasizes the district's dedication to nurturing a culture of community wellness, placing the well-being of students and families at the forefront of priorities.

Rumson School District's dedication to championing mental health initiatives extends far beyond their participation in the summit. It's a collective effort fueled by the invaluable contributions of Dr. John Bormann, Superintendent of Schools, and all members of the district's SEL team. Together, they are consistently involved in facilitating discussions, organizing workshops, and implementing programs aimed at supporting the holistic well-being of students and families. This proactive approach ensures that the community has access to the resources and support needed to thrive. Additionally, their collaboration with state-level stakeholders and active participation in initiatives like the CYSEW Summit lay the groundwork for meaningful partnerships that directly benefit the mental health of students and families. By forging connections with other districts and mental health organizations, they expand collective efforts in addressing mental health disparities and promoting positive outcomes for youth. Their dedication and leadership in this regard significantly contribute to fostering a supportive environment for all members of the community.

As Rumson continues its steadfast commitment to prioritize the well-being of students and families, the vital role of collaborative efforts in addressing mental health challenges is recognized. Dr. Snyder emphasized the critical importance of creating supportive environments for mental health, stating, "Together, individuals can be empowered to seek help and find the support they need to thrive. Through strategic partnerships with various stakeholders and dedicated advocates for mental health

awareness and support, endeavors are made to develop innovative solutions aligned with the district's mission of 'Igniting Potential.' By harnessing these partnerships and emphasizing the availability of mental health resources, Rumson remains resolute in its commitment to nurturing a community where all members can realize their full potential and receive the assistance they require."