



FORRESTDALE WEEKLY NEWSLETTER



September 24, 2025

BACK TO SCHOOL NIGHT

We are excited to welcome our FD parents to **Back to School Night TOMORROW**. Click [here](#) for a general overview of the evening's events / schedule as well as the grade level entry time & location. Students in Grades 6 - 8 will carry home a personalized schedule for their parents tomorrow afternoon.

IMPORTANT DATES

- Sept. 25th - FD Back to School Night & Gr 8 Meeting
- Week of Sept. 29th - Club sign-ups
- Oct. 2nd - School Closed
- Oct. 6 - 10 - Week of Respect
- Oct. 8th - Bike & Walk to School Day
- Oct. 9th - Parent Academy
- Oct. 14th - Picture Day



NOTE FROM NURSE MASINA

Slides = Sidelines!

Play it Safe: Wear Sneakers! To help keep our students safe and active, please remind your child to wear proper sneakers for recess play. Shoes like slides, Crocs, and Hey Dudes may be comfy, but they increase the risk of injury, and are not allowed for gym class or playing sports at recess. Supportive sneakers help kids run, jump, and play safely!

OTHER SCHOOL UPDATES

- **Class 2026 RFH Open House** - Oct. 15th click [here](#).
- **MHA Parent Zoom**, "What You Need to Know About Youth Suicide Prevention" - Oct. 8th from 7:00-8:15. Click [here](#).
- **Club Sign-ups** open on 9/29. Click [here](#).
- **No idling** - In New Jersey, a vehicle's engine cannot be left idling for more than 3 consecutive minutes while the vehicle is not in motion. No-idle zones include the Forrest Ave Main Loop and the NaRumson Loop. Violators face a fine, which doubles for repeat offenders.
- **PTO Book Fair** - Click to sign-up to volunteer [here](#).

PARENT ACADEMY

Save the date, Oct. 9th for our "Back to School Bootcamp" Parent Academy Lunch & Learn from 11 AM - 1:30 PM. View the brochure [here](#) for more info & sign-ups.



MORE INFO

www.rumsonschool.org
-Forrestdale Page
-Virtual Backpack

