

Rumson School District Cafeteria Menu for October 2025

Deane-Porter \$5.65 Forrestdale \$6.15

HOT ENTREE LUNCH, DELI DU JOUR LUNCH OR BAGEL LUNCH AVAILABLE DAILY

ALL LUNCHES COME WITH FRESH FRUIT, VEGETABLE, SIDE SALAD, ORGANIC MILK OR WATER

Gourmet Sandwiches and Salads of the Week \$6.50

Yogurt Parfait with Fresh Fruit \$4.50

Homemade Soup Tuesday, Wednesday and Thursday

MONDAY

Deli Du Jour
Turkey

TUESDAY

Deli Du Jour
Ham and Cheese

WEDNESDAY

Deli Du Jour
Chicken Salad

THURSDAY

Deli Du Jour
Turkey and Cheese

FRIDAY

Deli Du Jour
Tuna Sala

SIMPLIFIED CULINARY SERVICES



1

Organic Grilled
Cheese
Tater Tots
Fresh Fruit
Organic Milk or Water
**Cream of Tomato
Soup**

2

YOM KIPPUR
SCHOOL CLOSED

3

Hand Tossed Pizza
Fresh Veggie
Fresh Fruit
Organic Milk or
Water

6

NAE Chicken Nuggets
Fresh Fruit
Fresh Veggie
Organic Milk or
Water

7

French Toast Sticks
Hashbrowns
Sausage
Fresh Fruit
Organic Milk or Water
**Chicken Noodle
Soup**

8

NAE Crispy Chicken
Sandwich
Mashed Potatoes
Fresh Fruit
Organic Milk or Water
**Vegetable Farro
Soup**

9

Cheese Tortellini with
Organic Marinara
Fresh Fruit
Fresh Veggie
Organic Milk or Water
**Red Pozole with Pork
Soup**

10

Hand Tossed Pizza
Fresh Veggie
Fresh Fruit
Organic Milk or
Water

13

SCHOOL CLOSED
STAFF PD

14

NAE Chicken Tenders
Fresh Veggie
Fresh Fruit
Organic Milk or Water
**Spicy Chicken and
Rice Soup**

15

Grass Fed Beef
Cheeseburger
Crispy Oven Fries
Fresh Fruit
Organic Milk or Water
**Crema de Elote
Soup**

16

Pasta with Grass Fed
Beef Bolognese
Fresh Fruit, Veggies
Organic Milk or Water
**Loaded Baked
Potato Soup**

17

Hand Tossed Pizza
Fresh Veggie
Fresh Fruit
Organic Milk or
Water

20

Italian Grilled Cheese
with Organic
Marinara
Caesar Salad
Fresh Fruit
Organic Milk or Water

21

Waffle Sticks
Hashbrowns,
Sausage
Fresh Fruit
Organic Milk or Water
**Chicken Noodle
Soup**

22

Grass Fed Beef
Nachos
Salsa, lettuce, sour cream
Fresh Fruit
Organic Milk or Water
**Spicy Black Bean
Soup**

23

Pasta with Organic
Marinara
Mozzarella Sticks
Fresh Fruit, Veggie
Organic Milk or Water
**Artichoke and
Parmesan Soup**

24

Hand Tossed Pizza
Fresh Veggie
Fresh Fruit
Organic Milk or
Water

27

NAE Chicken Tenders
Fresh Veggie
Fresh Fruit
Organic Milk or Water

28

Grass Fed Beef Hot
Dogs
Baked Beans
Fresh Fruit
Organic Milk or Water
**Italian Chicken
Noodle Soup**

29

BBQ Pulled Pork
Sandwich
Sweet Potato Wedges
Fresh Fruit
Organic Milk or Water
**Sante Fe Corn
Chowder**

30

Pasta with Grass Fed
Beef Meatballs
Fresh Veggies, Fruit
Organic Milk or Water
**Sausage, Kale and
White Bean Soup**

31

Hand Tossed Pizza
Fresh Veggie
Fresh Fruit
Organic Milk or
Water