

RUMSON SCHOOL DISTRICT SCHOOL COMMUNITY COVID-19 CONTAINMENT GUIDELINES

Based on NJDOE/CDC COVID-19 Public Health Recommendations for Local Health Departments for K-12 Schools, August 13, 2020

Isolations and Quarantines are based on the NJDOH Timeframe for Self-Isolation/Quarantine Based on Testing Result & Updated COVID-19 Quarantine Timeframes12.3

Symptom Screening

1. Daily parent survey based on NJDOH/CDC guidance utilizing remote app prior to leaving home (by 7:45 AM)
 - a. Daily Screening includes symptoms and exposures listed in [NJDOH/CDC Daily Screening for Students/Staff](#)
2. Daily thermal screening upon arrival to school before entering the building (one of three school entrances)
3. Follow up screening by a school nurse in the quarantine room as needed.

Regional Risk Assessment

1. Use of [NJDOH/CDC Regional Risk Matrix](#) in conjunction with the [NJDOH COVID-19 Activity Level Report](#) as guidance for school district decision-making. ([sample Activity Level Report](#))
2. Other resources to manage risk assessment: [Johns Hopkins Coronavirus Resource Center](#) [Harvard Global Health](#)

SITUATION	CONTAINMENT RESPONSE Follows NJDOH Exclusion Criteria	CLEANING & DISINFECTING
Confirmed Case (Student or Faculty)-PCR test	<ul style="list-style-type: none">● Confirmed positive individual sent home● Close contacts remain in school until the end of the day.● School notifies Monmouth County Regional Health Commission No. 1 for contact tracing and investigation● School sends a letter to parents of close contacts.● Confirmed positive individual requires medical clearance from pediatrician or family medical practitioner operating within the scope of their practice● Close contacts return after 14 day quarantine is completed	<ul style="list-style-type: none">● If daily cleaning and disinfecting occur and confirmation is made 7 days from when a student was last in school, no further cleaning is needed.● If a student has been/is in school when confirmation is made, close off areas used by the person, open outside air flow, wait 24 hours, clean and disinfect all touch surfaces, and reopen space.
Probable Case (Student or Faculty)	Follows NJDOH School Exclusion List <ul style="list-style-type: none">● Probable Case sent home● Probable Case requires should not return to school until they have either received a negative viral test [PCR] or they have completed an isolation period of at least 10 days since symptom onset and at least 24 hours after resolution of fever without fever-reducing medication with symptom improvement.	<ul style="list-style-type: none">● Daily cleaning and disinfecting routines to be followed.

	<p>“COVID-19 compatible symptoms” are defined as the following:</p> <p>Two or more of the following symptoms: chills, rigors/shivers, myalgia/muscle aches, headache, sore throat, nausea/vomiting, diarrhea, fatigue, congestion/runny nose</p> <p>One or more of the following symptoms: fever, cough, shortness of breath, difficulty breathing, new loss of smell, new loss of taste</p> <ul style="list-style-type: none"> • Siblings of those in isolation or pending a PCR will remain on quarantine until a negative PCR occurs with the sibling or until 14 days after the 10 day isolation period with 24 hours after resolution of symptoms. • Pending COVID-19 PCR tests are considered a Probable Case and are required to stay home, as are members of the household, until individual can return with a negative PCR • Close contacts remain in school and require no quarantining. • No letter sent to parents of close contacts to probable case • No notification of Monmouth County Regional Health Commission No. 1 	
Travel	<ul style="list-style-type: none"> • Required to quarantine for 14 days from day of return to New Jersey. • Excludes travel to Pennsylvania, New York, or Delaware 	

Definitions

- Confirmed Case: A person with a lab test confirming COVID-19
- Probable Case: A person with clinical symptoms of COVID-19 with known exposure to a confirmed case or pending COVID-19 test results
- Close Contact: A person who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic clients, 2 days prior to positive specimen collection) until the time the patient is isolated

Contact Tracing Information (to be available to Monmouth County Regional Health Commission No. 1)

1. Contact information for person(s) who tested positive for COVID-19
2. The date the COVID-19 positive person developed symptoms (if applicable), tested positive for COVID-19 (if known), and was last in the building.
3. Types of interactions (close contacts, length of contact) the person may have had with other persons in the building or in other locations.
4. Names, addresses, and telephone numbers for COVID-19 positive person’s close contacts in the school.

5. Any other information to assist with the determination of next steps.
6. Notify the school community as per protocol above.
7. Follow with cleaning and disinfecting as per protocol above.

School Closure Scenarios

Full school closures only need to be made in the event of a significant community outbreak as guided by the [NJDOH/CDC Closure Document](#).

Testing for COVID-19

Guidance for when individuals should be tested for COVID-19 is provided by the Monmouth County Department of Health - [Testing for COVID-19](#)