

WEEKLY NEWSLETTER

Forrestdale School
September 26, 2023



SEE YOU AT 6:30 PM TONIGHT FOR
[BACK TO SCHOOL NIGHT!](#)
(SCHEDULE LINKED)

WEEK OF RESPECT

DURING THE WEEK OF OCTOBER 2-6, 2023, THE RUMSON SCHOOL DISTRICT WILL CELEBRATE [THE WEEK OF RESPECT](#) IN ACCORDANCE WITH THE ANTI-BULLYING BILL OF RIGHTS ACT. CLICK THE LINK ABOVE FOR MORE INFORMATION ABOUT OUR THEMED DAYS DURING THE WEEK.

WE WILL BE HOSTING TWO ASSEMBLY PROGRAMS FOR OUR STUDENTS DURING THE WEEK OF RESPECT:
PRE-K - GR 4 - THE NED SHOW
GR 5 - 8 - CALEB CAMPBELL

FOLLOWING THE NED SHOW, PARENTS CAN PURCHASE SOUVENIRS, USING THE INSTRUCTIONS [HERE](#).

MENTAL HEALTH UPDATES

As September comes to a close, we would like to share resources for parents in conjunction with Suicide Prevention Month.

Hackensack Meridian is hosting a series of parent webinars, the first focusing on de-escalation strategies - click [here](#) for more info.

At Back to School Night tonight in the Media Center, our Counseling Team will have Behavioral Health Toolkit Pamphlets available from the Society for the Prevention of Teen Suicide.

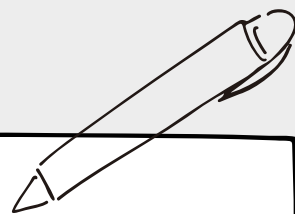
If you are in need of any mental health support and resources, please do not hesitate to reach out to members of our SEL Team:
Gr 4 & 5 - Ms. Copman, School Counselor
Gr 6 - 8 - Ms. Fahy, School Counselor
All Grades - Mrs. Nolan, Clinical Social Worker

2.



3.

NOTEWORTHY



Peer Leaders - 8th grade students attended this presentation with Ms. Copman and Mrs. Fahy this morning. The application is open and must be accessed through the Google Classroom linked in the presentation.

Applications are due by Wednesday, October 4th.

[Gr 8 Peer Leaders Info \(click link\)](#)

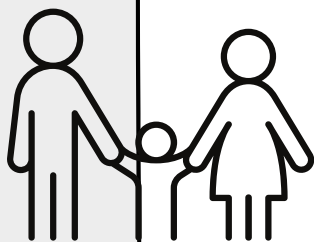
JET & Enrichment - If your child is interested in participating in an enrichment class with Mrs. Gordon please check out the informative slideshow found [here](#). The application deadline has been extended to September 27th. All classes are offered during WIN times and lunch/recess.

Upcoming Parent Programs -
Click links below to review and please join us!

Oct 10 - [Impact Parents](#)

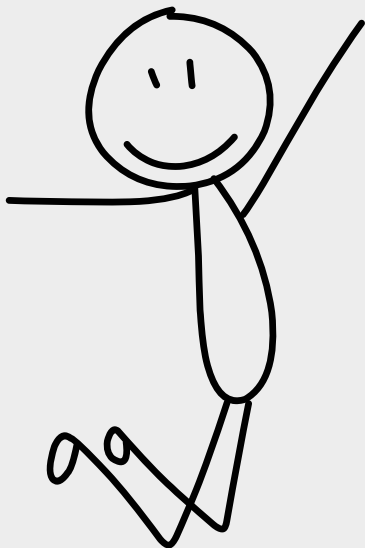
Oct 12 - [The Cybersecurity Cop](#)
(sponsored by the PTO)

Oct 24 - [Understanding & Managing Anxiety](#)



4.

DAWG DATES TO SAVE



9/29 - Workout Clothes Spirit Day in honor of Mr. Schnappauf's retirement!

9/30 - Gr 8 Car Wash
(in Front Loop)

October - Fire Safety Month!

Week of Oct 2 - Week of Respect
(See Pg 1)

10/4 - Walk & Bike to School Day

10/9 - School Closed
(Teacher In-service Day)

10/16 - FD Picture Day

FOR MORE, VISIT THE
VIRTUAL BACKPACK

<https://www.rumsonschool.org/rumson/Forrestdale/>